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DISCOVER HUMBER VALLEY HERITAGE TRAIL

THE HUMBER VALLEY HERITAGE TRAIL (HVHT) STRETCHES 15 KM FROM THE HEADWATERS OF THE HUMBER RIVER NEAR PALGRAVE THROUGH THE HUMBER VALLEY SOUTH TO BOLTON. HVHT OFFERS A DIVERSE EXPERIENCE WITH BOTH NATURAL AND CULTURAL FEATURES ALONG THE WAY.

On the northern part of the trail, users can hike through the Albion Hills Conservation Area, a destination for outdoor enthusiasts. Depending on the season, there is cross country skiing, ice skating, tobogganing, bird watching, camping, canoeing, mountain biking and hiking. At the northern tip of the trail, users can also link to and discover the Caledon Trailway.

In addition to the natural beauty along the trail, the southern portion provides the opportunity to explore downtown Bolton. The town was founded in 1794 by James Bolton, who built a mill in the valley, on the Humber River. In Bolton, at the intersection of King St. and Queen St., visit local shops and restaurants along the historic strip.

Moving south into Bolton, there are parks with green space and picnic areas to enjoy, such as Dick's Dams Park and Bolton Mill Park.

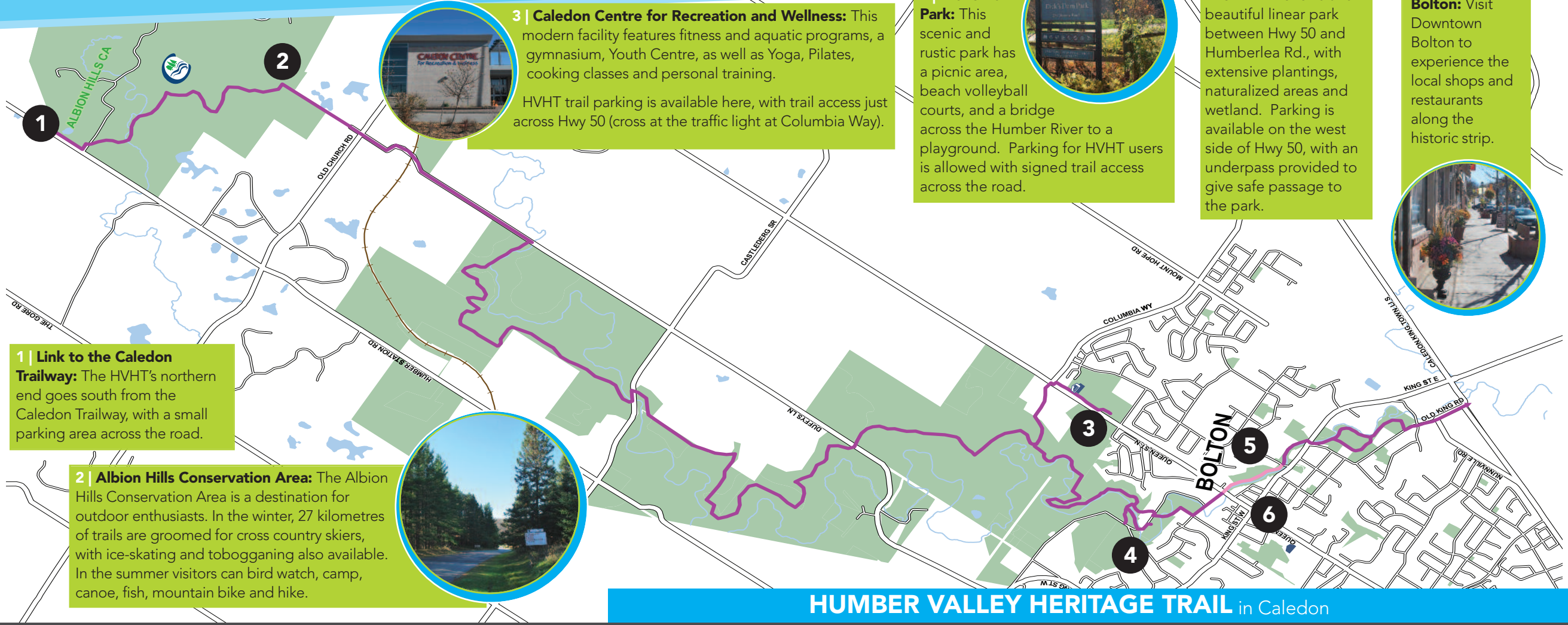


HUMBER VALLEY HERITAGE TRAIL in Caledon



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in Caledon



1 | Link to the Caledon Trailway: The HVHT's northern end goes south from the Caledon Trailway, with a small parking area across the road.

2 | Albion Hills Conservation Area: The Albion Hills Conservation Area is a destination for outdoor enthusiasts. In the winter, 27 kilometres of trails are groomed for cross country skiers, with ice-skating and tobogganing also available. In the summer visitors can bird watch, camp, canoe, fish, mountain bike and hike.

3 | Caledon Centre for Recreation and Wellness: This modern facility features fitness and aquatic programs, a gymnasium, Youth Centre, as well as Yoga, Pilates, cooking classes and personal training. HVHT trail parking is available here, with trail access just across Hwy 50 (cross at the traffic light at Columbia Way).



4 | Dick's Dam Park: This scenic and rustic park has a picnic area, beach volleyball courts, and a bridge across the Humber River to a playground. Parking for HVHT users is allowed with signed trail access across the road.

5 | Bolton Mill Park: The HVHT follows this beautiful linear park between Hwy 50 and Humberlea Rd., with extensive plantings, naturalized areas and wetland. Parking is available on the west side of Hwy 50, with an underpass provided to give safe passage to the park.

6 | Historic Downtown Bolton: Visit Downtown Bolton to experience the local shops and restaurants along the historic strip.



HUMBER VALLEY HERITAGE TRAIL in Caledon

- LEGEND:**
-  **Unpaved Multi-use Trail**, an off-road gravel path that is best suited for pedestrians or cyclists.
 -  **Hiking Trail**, an off-road earth or natural surface path that may be used by pedestrians only.

- Length:** 20.12 kilometres
- Activities:** Hiking and walking
- Season:** Year-round
- Amenities:** Picnic areas, benches and rest areas in some locations.
- Surface:** Compacted soil, boardwalk, mixed
- Accessibility:** All washroom facilities are handicap accessible.
- Parking:** Parking at Dick's Dam Park and at Edelweiss Park, on Glasgow Rd. north of Hickman, near access points. Additional parking at North Hill Park at Hwy 50 and Columbia Way (trail access is on west side of Hwy, parking on east side), and at some road crossings.
- Rules/Etiquette:** Dogs must be kept on a leash, and stoop and scoop by-laws apply.
- Maps:** Map kiosk at access point on Glasgow Rd, across from Edelweiss Park.